

Outcomes of December 16, 2011 and January 6, 2012 Pulelehua Retreats

The following questions were asked pre- and post-retreat. Pre- and post-retreat responses were as follows, reported in the following format: pre / post

How would you rate your relationship with your foster/adopted daughter?

Very Good	Good	Average	Poor	Terrible
3 / 6	5 / 4	3 / 0	0 / 0	0 / 0

How would you rate your relationship with your foster / adopted mom?

Very Good	Good	Average	Poor	Terrible
5 / 9	1 / 0	4 / 2	1 / 0	0 / 0

How connected do you feel with your foster / adopted daughter?

Very	Somewhat	A little bit	Not very	Not at all
4 / 5	0 / 1	5 / 3	2 / 0	0 / 0

How connected do you feel with your foster / adopted mom?

Very	Somewhat	A little bit	Not very	Not at all
1 / 6	7 / 3	2 / 1	0 / 0	0 / 0

How comfortable are you speaking honestly about your feelings to your foster / adopted daughter?

Very	Somewhat	A little bit	Not very	Not at all
7 / 9	4 / 0	0 / 0	0 / 0	0 / 0

How comfortable are you speaking honestly about your feelings to your foster / adopted mom?

Very	Somewhat	A little bit	Not very	Not at all
0 / 5	0 / 1	6 / 4	3 / 2	1 / 0

How important is it to you to have a good relationship with your foster / adopted daughter?

Very	Somewhat	A little bit	Not very	Not at all
10 / 11	1 / 0	0 / 0	0 / 0	0 / 0

How important is it to you to have a good relationship with your foster / adopted mom?

Very	Somewhat	A little bit	Not very	Not at all
3 / 7	5 / 4	2 / 0	0 / 0	0 / 0

